



THE WASP

FRIDAY 3RD MAY 2024

ISSUE #426

CIRC. 640

FOREST GRANTED £1,500

Yesterday, we received the incredible news that we have been successful in our Tesco bid for £1,500. This is due to the support we have received from the children, families and our staff: thank you for voting with the blue tokens in store – every one really did count. Due to all of your shopping, we will receive the maximum grant available from the Tesco Stronger Starts Scheme to enrich our forest area. This will be used to lay down more roots and it will help to diversify the Environment further. We also plan to build a shelter to enable all children in the school, and the forest club, to be outdoors come rain or shine. The grant will be added to the £1,000 which was raised by the PTA, giving us a lot of potential to 'grow' and develop this valuable area further. We will keep you updated with developments in the near future!



LEARNING TODAY FOR LIVING TOMORROW

UPCOMING EVENTS

Tuesday 7th May

Year 1 Woodside Wildlife Park

Friday 10th May

Year 4 Online Safety Workshop

Friday 10th May

Choir at Thanksgiving Service

Monday 13th May-16th May

Year 6 SATs

Monday 20th May-22nd May

Year 6 Hilltop Residential

Friday 24th May

Term 5 Ends

Monday 3rd June

Term 6 Begins

Tuesday 4th June

Year 6 Church School Festival (invited pupils)

Monday 10th June-13th June

French trip

Thursday 13th June

St George's Choir Festival

Monday 17th June

Reception 'Life Long Ago' dinosaur dig workshop

Monday 17th June

Year 6 Online Safety Workshop

Wednesday 19th June

Year 6 Nature Walk with a Hill Holt Woods Ranger

Thursday 20th June

Class Photos

Friday 21st June

Teacher Training Day (school closed)

Monday 1st July

Reception & Year 1 Sports Day

Tuesday 9th July

Sports Day (Years 4-6 morning and Years 2 & 3 afternoon)

Resilience

Tolerance

Aspiration

Respect

Staff training day

As a reminder, we have a staff training day on Friday 21st June which means the school will be closed on this date.

Sports Days

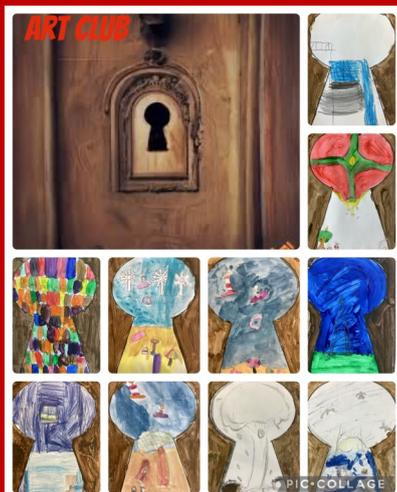
We have scheduled our sports days for next term. We have ordered sunshine (not too hot) for these dates so we are sure these will go ahead. If, for whatever reason our order has not gone through and the weather is hazardous to our competitors, we will do our best to contact all parents/carers as soon as possible. Our Reception and Year 1 Sports Day will be on Monday 1 July. On Tuesday 9 July Years 4-6 will be in the morning and Years 2&3 will take place in the afternoon.

Healthy snacks and drinks

We try to encourage healthy eating at the Alvey to help promote general good health and wellbeing throughout the school. As a reminder, could parents please make sure that their child's snack is healthy (fruit, veggie sticks, rice cakes, cheese, yogurt sticks etc.) We encourage bottles to have only water in them. An alternative drink can be provided in your child's lunchbox but please avoid energy drinks or anything fizzy. Thank you.

Through the keyhole

This week in art club the children were asked to imagine they were looking through a keyhole. The scene they saw was their favourite place to be. They then had to think about how much of the view they would see looking through it. We had bedrooms, beaches a library and a Japanese garden to name but a few.



RESILIENCE



WRITTEN BY MR FARRINGTON

I had a lovely start to the week by presenting the Rotary Club's termly 'Good Citizen' awards at school on Monday. There is a separate article in the WASP about this, which I would encourage you to read. I also encourage you to take on board what our 'Good Citizens' have done and try to replicate it. There is a great deal we could learn from their service and sacrifice. I am certain if we all showed their level of commitment, the world would be a kinder, happier place. Two children showed a great deal of commitment and **resilience** this week. Harriet showed me an electronic game she built over the weekend. It is modelled on the old 'Simon Says' game, when you try to remember the sequence of lights going on. Seeing the intricate electrical circuits Harriet used to build the game was very impressive.



I was equally impressed with Noah, who has recently been awarded his 400 metres swimming badge. Sixteen lengths of a 25m length pool is a huge challenge, and one Noah

showed he was more than capable of achieving. Well done you!

I am sure you are all looking forward to the long weekend – I certainly am. Enjoy and let's hope the weather stays warm and sunny.

Best wishes,
Mr Farrington

GROWTH MINDSET MOMENT

Have you seen the weekly Growth Mindset Moment on our Facebook page? Each week, we are sharing a link with parents and carers which is based on a book covering a different area of Growth Mindset. This week, the main character the story, Beatrice, teaches us all that it is ok to make mistakes and that actually, we can learn a lot from them. Scan the QR code...



GROWTH MINDSET MOMENT 3



William Alvey's
Mindset Moment
Recognising
mistakes for
Growth Mindset

The Girl Who Never Made Mistakes

Written by Mark Pett and Gary Rubinstein

Illustrated by Mark Pett

Click on the link for a book which we can all learn from. The main character, Beatrice, teaches us all that it is ok to make mistakes and that actually, we can often learn a lot from them. This builds on our Growth Mindset ethos in school.



Resilience

Tolerance

Aspiration

Respect



GOOD CITIZEN AWARDS

WRITTEN BY MR FARRINGTON AND OUR STAFF WHO NOMINATED THE CHILDREN

Representatives of the Rotary Club joined us on Monday 29 April to award a child from each year group with their termly 'Good Citizen' award. It is always a pleasure for me to lead this assembly and praise our children for their service to others.

I have included the nominations for the children below, which will give you a flavour of the amazing things our children do for others:

Reception - Kit

Kit is always the first to ensure his classroom is tidy, making sure resources are carefully stored in the correct places. He helps our youngest children to complete activities even though he is only in reception himself. Kit holds doors open for adults and children, he asks how your morning is going and genuinely cares about your answer. He is a caring young boy who always puts others first. We are all so proud of him!

Year 1 - Maddison

Maddison always offers to help do jobs in the classroom without expecting anything for it. Maddison also looks after anyone who needs a friend. If the world was filled with people just like Maddison, it would be a wonderful place to be. We are so proud of you Maddison and please keep on being you.

Year 2 - Bella

Bella is incredibly thoughtful. She is a great work partner with everyone in her class and a cheerleader for others. For example, Bella really helped a child in her class who was having a tricky time.

Bella wrote encouraging notes and even gave her one of her own favourite toys from home. It was a unicorn that had a secret pocket so that she could write down any worries in it.

Bella always comes to school with enthusiasm and the most infectious smile and giggle. She really cares about her family and even studied up on SEN support jobs to help her mum with interview answers (her mum got the job!)

When Mrs Chapman left, she made her a beautiful card and, when Mrs Chapman cried because she'd miss us, Bella hugged her and tried her best to make her smile with jokes. Bella's games and dance routines at play time include everyone and she truly values people's different skills and personalities. She has really taken on board our courageous advocacy journey as she spreads the word about the rights of insects and her enthusiasm will help people to overcome any fears they have about bugs. We're sure that the lives of hundreds, and maybe thousands of insects will be saved because of the message that Bella spreads.

Year 3 - Isla

Isla is the kindest and friendliest girl you will ever meet. We have had a new girl start in our class. Isla has taken her under her wing and made sure she knows where everything is and helped her with her work, knowing where to write the date etc. Isla is also a brilliant friend to

everyone in the class, especially those who find friendships tricky. She is calm, patient and understanding. Anyone would be lucky to have Isla as a friend.

Year 4 - Faith

Faith goes into the river Slea with her Grandad each week (wearing waders, etc) and collects litter. Faith has a litter picker that she borrows from her Grandma. Faith has shown her teacher the various bits of rubbish she has found, which includes a coin. This is something Faith loves doing and it makes a huge, positive, difference to the water quality of the River Slea.

Year 5 - Madeleine

Madeleine had 15 inches cut off her hair to donate to the Little Princess Trust to make a wig for children with cancer. This charitable act was prompted by a close friend, and family members, having cancer. Madeline has raised £795 so far, which is truly amazing.

Year 6 - Leo

Leo has always, and continues to be, a good citizen in our class, year group and school. He is incredibly helpful and respectful all of the time, always asking if he can do anything for his teachers or his friends. He regularly puts others before himself and makes sure his peers are ok if they seem upset or worried – which has been extremely supportive at this time of year. He is always polite and an excellent role model to the rest of the school.

ALVEY ARCHIVE APPEAL

We are incredibly proud of our history at the William Alvey, so could you help us piece more of it together? Do you have a story, photo or school record from your time at the Alvey that you don't mind sharing? Our Chief Archivist, Mrs Whitt, is currently expanding our archives and would appreciate your support.

Enthusiastic to collect more precious memories, Mrs Whitt says: "Every year that passes us by, sees us lose valuable documents and stories from the past. By collecting as many of these as we can, we

hope we can provide the story for future generations. In the hope that they, in turn, do the same."

We have been lucky enough to be able to start our archive from the late 1800s, so collecting as much as we can from more recent times is of vital importance. Many of the archive materials are used to teach the children of today, all about our past. It helps to bring our history to life, something we are extremely passionate about.

If you feel you can help, please email: archives@william-alvey.lincs.sch.uk

Childcare Parental Survey

We want to hear from Lincolnshire parents regarding your childcare requirements.

Lincolnshire
COUNTY COUNCIL
Working for a better future



The survey closes 14 May 2024



Lost Property

Please remember to label your child's possessions.



Please contact the school office if you recognise any of the items above.

Thank you.

Sun Awareness Week



Sun awareness week is the British Association of Dermatologists' annual campaign to raise awareness of skin cancer. Sun awareness week 2024 will be from the 6th of May to the 12th of May. Skin cancer is the most common type of cancer in the UK. The theme this year is to raise awareness of non melanoma skin cancer and the importance of everyone checking their skin regularly for this type of skin cancer. Sun awareness week also provides advice on prevention of skin cancer and raising awareness of the dangers of burning and excessive tanning. The British Association of Dermatologists have further information regarding their campaign on their website:

<https://www.skinhealthinfo.org.uk/sun-awareness/sun-awareness-week/>

What can sun damage do?

The sun gives off rays of light that can be harmful. These are known as ultraviolet (UV) rays. Even though we can't see them, they can go through our skin. A small amount of UV rays is really good for our body. It creates vitamin D which then absorbs calcium into our body to help build and maintain health bones. Melanin is a substance in the body that produces skin pigmentation. It also absorbs harmful UV rays and protects the cells from skin damage. A person that is fair skinned has less melanin than a dark-skinned person. This is why very fair skinned people burn much quicker and easier. Too much sun exposure can allow UV rays to reach the inner skin layers which can cause sunburn to occur. This can then cause skin

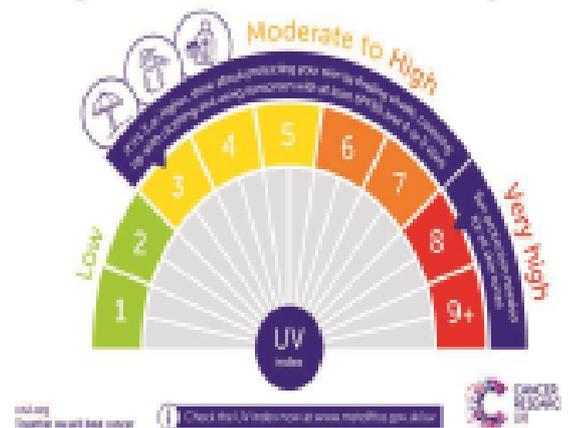
cells to be damaged which can then develop into skin cancer.

Who is at risk

Sun exposure risks can affect everyone. Any age, nationality and skin colour can be affected. The risk is increased based on the time and frequency of exposure (without using sun protection).

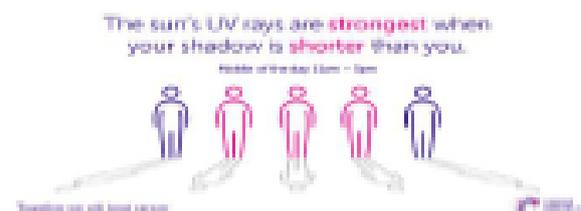
The UV Index & Sunburn risk

Are you at risk of sunburn today?



Sunburn doesn't just happen when we go abroad or when it's hot outside. The sun can cause skin damage between mid-March to mid-October in the UK. The UV Index gives us a scoring of how strong the sun UV rays are. It is recommended that you protect your skin if the scoring is 3 (moderate) or higher. Over 90% of UV rays can pass through clouds and cause sunburn so you can still get sunburnt if it is cloudy or cold.

The below picture is of 'The Shadow Rule' which helps you understand when the sun may be the strongest.



In the UK the sun's UV rays are usually at their strongest between 11am and 3pm. This is when the risk is increased of you getting sunburnt.

Sun Safety Tips

- Spend time in the shade between 11am and 3pm when the sun is at its hottest.
- Use at least factor 30 sunscreen. Check the expiry dates (including open bottles). Some bottles only last for up to 12 months once opened.
- Cover up using clothing such as a wide brimmed hat, long sleeved tops and trousers/skirts during the hotter periods.
- Wear sunglasses with the CE mark and British standard mark 12312-1:2013 E

Sun protection





Slip

on protective clothing



Slop

on SPF30+ or higher sunscreen



Slap

on a hat



Seek

shade



Slide

on sunglasses



Concerned about a sunburn?
 Use healthdirect's Symptom Checker to get advice on when to seek medical attention.

Checking your skin

If you have lots of freckles and moles then the risk of getting skin cancer is increased. Keep an eye on any skin changes. This includes:

- A new lump, mole or growth on the skin.
- Any freckles, moles, or patches of skin that change in size, colour or shape.
- The growth could be raised, smooth with clear edges or rough and crusty.
- A lump or discoloured patch on the skin that doesn't heal.

- A red or dark patch
- Report any concerns to your GP as soon as possible. Skin cancer is much easier to treat if it is detected early.

Skin cancer Types

Skin cancer occurs when abnormal cells in the skin start to grow and divide in an uncontrolled way. There are 2 main categories of skin cancer which are non melanoma skin cancer and melanoma skin cancer. Non melanoma skin cancer is a common type of cancer that occurs in the top layer of the skin. Melanoma skin cancer is less common and is usually a more serious type of cancer. The focus this year for sun awareness week is on non melanoma skin cancer. Cancer Research has lots of useful information regarding skin cancer symptoms, photos of types of skin cancer, treatments etc. This can be accessed on the following website:

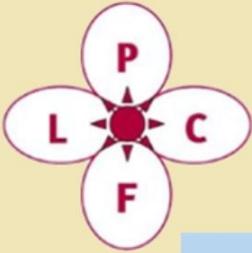
<https://www.cancerresearchuk.org/about-cancer/skin-cancer>

Sun Beds

Too much UV radiation from sunbeds can cause skin cancer. Using a sunbed is not safer than sunbathing as they use high intensity UV radiation for quick tanning. Using a fake tan such as a spray tan or from a bottle is a much safer way to look tanned. 77% of dermatologists agree that sunbeds should be banned in the UK and they are requesting that all salons are licensed and regulated. Under 18 year olds are not allowed to use sunbeds.

The British Association of Dermatologists have produced lots of useful leaflets and posters that people can download as part of their sun awareness campaign:

<https://www.skinhealthinfo.org.uk/sun-awareness/downloadable-leaflets-posters/>



LPCF Have invited Lincolnshire Behaviour
Outreach Service
to talk about
**Supporting your childs
behaviour
in the home**
Monday 20th May
7.30pm - 8.30pm

Lincolnshire Behaviour Outreach Support Service (BOSS)
aims to reduce the risk of exclusion and develop the ability
of schools to support children displaying
distressed behaviours.

They offer targeted support for children, staff training
and coaching and parental support.

Aimed at parents and carers of children with SEND & the
professionals who work with them,
who are on the LPCF membership.



Sign up to LPCF on the sign
up page of the website.
Book on the Events page.
www.lincspcf.org.uk



To promote, encourage and support cycling both recreational and competitive in Sleaford and the surrounding area.



SLEAFORD WHEELERS

© 2024 Club Group



JOIN OUR GO-RIDE SESSIONS



FUN FOR ALL AGES AND ABILITIES

Qualified British Cycling Coaches with DBS checks and First Aid qualifications

Riders grouped according to age and ability in a safe and traffic-free environment

Your first three sessions are free then £2 per session (£3 non-Club members)

Improve your cycling skills and ride with other like-minded youngsters

Opportunities to compete with riders from other Lincolnshire clubs, including grass track events/Heckington Show, cycle cross and closed-road circuit racing

Bring your bike (in good condition) a helmet and a drink - gloves useful for the youngest riders too

Weekly sessions during term time - 6.30pm (subject to weather conditions/coach availability) at Sleaford Rugby Club, East Road, Sleaford **note** beginners/youngest riders restart **Tuesday 7 May**

For more information visit sleafordwheelers.co.uk and see our Go-Ride page or contact our Club Secretary



SLEAFORD WHEELERS GO-RIDE SESSIONS for youngsters of all ages 3-16

Sleaford Wheelers is a British Cycling accredited Go-Ride Club offering weekly sessions for youngsters to ride in a safe and traffic-free environment; our qualified coaches all have first aid qualifications and regular DBS checks.

We offer several groups (according to riders' ages and abilities) on Tuesday evenings during term time subject to weather conditions and coach availability at Sleaford Rugby Club, 6.30pm - note the youngest/beginner riders will restart on Tuesday 7th May; each rider's first three attendances are free then just £2 per session after that (£3 for non-Club members). There is the opportunity to improve cycling skills and compete with riders from other Lincolnshire clubs in grass-track (including at Heckington Show), cyclo-cross and closed-road circuit racing.

Bring a bike (in good condition), a helmet and a drink - gloves are useful for the youngest riders as those sessions are held on a tarmac area; if youngsters are using stabilisers please remove these and perhaps give children the opportunity to use their bicycle as a 'scoot' bike to enable riders to find their balance (you can remove pedals too if that is better for the child).

We would welcome any parent who wishes to get more involved too - coaches often need extra assistance in setting up/changing the course routes during sessions and other with tasks.

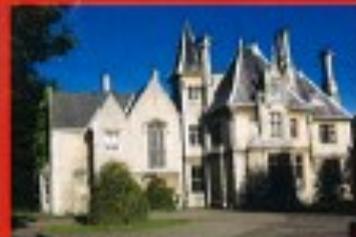
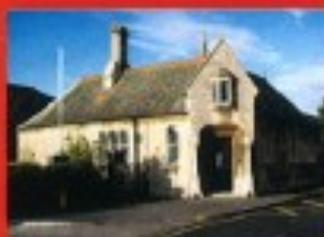
For further information go to sleafordwheelers.co.uk and look at our Go-Ride Facebook page - or contact the Club Secretary for further information



What is 'heritage'?

Heritage is the history, traditions, practices of a country, area or society that exist from the past and continue to be important

HERITAGE LINCOLNSHIRE



Competition

We would like you to create a piece of work that shows YOUR local heritage.

It could be written i.e. descriptive writing, poem, newspaper article or it could be visual i.e. a poster or artwork – it's up to you.



Please complete your entries on A4 paper and send them to your class teacher. These will then be collected by Mrs Mason. The closing date is May 6th.

HERITAGE LINCOLNSHIRE

SLEAFORD TOWN COUNCIL & WILLIAM ALVEY SCHOOL PRESENT

SLEAFORD

1940s DAY

SATURDAY 29TH JUNE - 11AM TO 4:00PM
WILLIAM ALVEY SCHOOL, EASTGATE, SLEAFORD, NG34 7EA

LIVE ENTERTAINMENT



ALAN JACKSON, THE 40s HOMEFRONT, THE BLIGHTY BELLES,
MILLER MAGIC BIG BAND & ALSO FEATURING "BOMBERS MISSION"

PUNCH & JUDY SHOWS
AIR RAID SHELTER TOURS
LIVING HISTORY DISPLAYS
FLYPAST (subject to conditions)
DEMONSTRATIONS
HISTORIC VEHICLES
STALLS
FOOD AND DRINK
FACE PAINTING
VINTAGE HAIRSTYLIST
VINTAGE GAMES
BALLOON MODELLING
DANCING
BOMBERS MISSION

MEET & GREET WITH BOMBED TIE DYE DOLLS

ENJOY A GREAT DAY OUT & BRING A PICNIC & A CHAIR!

FREE ENTRY & FREE ATTRACTIONS (SERVICE DOGS ONLY ARE PERMITTED)



Sleaford & District Twinning Association

www.sleafordtwinning.co.uk

☀️ COFFEE MORNINGS 2024



10am-12noon
All ages WELCOME

Interested in building on your French and German language skills?

Want to boost your conversational confidence?

Want to challenge your brain cells?

Join Us on Friday:

12 January	9 February
8 March	12 April
17 May	14 June
12 July	9 August
13 September	11 October
8 November	13 December

Sleaford Town Hall

Quayside House, Sleaford NG34 7TW

DogFest 2024



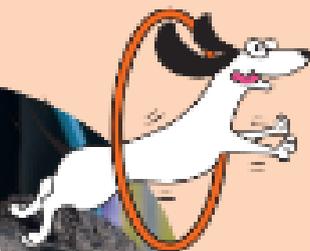
BURGHLEY HOUSE
8TH & 9TH JUNE

**THE NATION'S FAVOURITE
DOG-FRIENDLY FESTIVAL**

WHAT'S ON

**BIG DOG WALKS • HAVE-A-GO ACTIVITIES
EXPERT ADVICE • SHOPPING
FOOD & DRINK**

WOOF!



BOOK TICKETS AT
dogfest.co.uk

With Thanks to our Sponsors & Partners

